

"As an academic medical center, we are uniquely positioned to expand the boundaries of medicine through research and innovation."



Thomas F. Zenty Chief Executive Office University Hospita

University Hospitals was born out of a deep and abiding commitment to Northeast Ohio and, since 1866, we have been at your service. From delivering comprehensive health care to our neighbors to creating programs aimed at overall population health improvement, we are privileged to care for the community that helped create and sustain us.

UH's impact extends much further though. As an academic medical center, we are uniquely positioned to expand the boundaries of medicine through research and innovation. Our passion for pioneering novel therapies, advancing standards of care and training the next generation of physicians benefits patients here and around the world.

On the pages that follow, we showcase recent examples of thoughtful giving that helps further UH's local commitment and global influence while forging collaborations that extend our reach and impact, including:

 A \$14 million contribution from Roe Green that is enabling UH to expand the knowledge of our clinicians and share information and experiences with others.
 Through outreach and education, the Roe Green Center for Travel Medicine & Global Health will help improve human health around the world.

- Transformative support from Michael and Grace
 Drusinsky is bringing a vision to life with the creation
 of the world-class Drusinsky Family Sports Medicine
 Complex. A key component of the UH Ahuja Medical

 Center Phase 2 project, the new complex will advance
 UH's leadership in orthopedic and sports medicine care.
- The dedication of the Heisler-Tsai Master Clinician in Cardiology at UH Portage Medical Center is further enhancing the hospital's successful interventional cardiology program. The first endowed position created at a UH regional hospital, it honors retiring physician A. Roger Tsai, MD, who has helped heal the Portage community for more than 35 years.

These and other stories in this edition offer glimpses into the ways our collective energy is **Advancing the Science of Health and the Art of Compassion** – locally and globally. Together, we can make our world better, stronger and healthier.

Sincerely,

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LEGACY

V O L U M E 2 6 N U M B E R 0 2

FALL2019

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Legacy Magazine is published by Institutional Relations & Development and Marketing & Communications, University Hospitals, 11100 Euclid Avenue, Cleveland, Ohio 44106-5000. Telephone: 216-767-8500. Postmaster: Send address corrections to the above address. Copyright 2019, University Hospitals. All rights reserved.





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ROE GREEN
LOCATION: LYNDHURST, OH/PHOTO: ROGER MASTROIANNI

LEGACY MAGAZINE

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UH AHUJA MEDICAL CENTER EXPANSION MOVES FORWARD

Since opening in 2011, UH Ahuja Medical Center has exceeded expectations as a model showcase for 21st century health care. The easily accessible, state-of-the-art facility was designed with patients and families in mind and, from the start, was envisioned as a multi-stage project, able to evolve in response to community needs.

As announced earlier this year, UH Ahuja Medical Center is ready to grow with a \$200 million Phase 2 project that will accommodate changing demographics, patient needs and technologies.

When complete, the medical center will feature maternity and NICU services, expanded facilities for emergency care and outpatient surgery, the world-class Drusinsky Family Sports Medicine Complex for advanced orthopedic and sports medicine care, and much more.

"UH Ahuja Phase 2 addresses patient needs for advanced, high-quality health care," said Daniel I. Simon, MD, President, UH Medical Centers. "We believe our efforts to expand access to services will help our patients be well, get well and manage their complex health conditions."

UH Ahuja Medical Center, conceptual Phase 2 rendering

HARRINGTON DISCOVERY INSTITUTE AND MORGAN STANLEY COLLABORATE TO **ADVANCE DRUG RESEARCH**

In June, the Morgan Stanley Global Impact Funding Trust (GIFT) announced its first special interest program – Morgan Stanley GIFT CuresSM powered by Harrington Discovery Institute – a unique philanthropic relationship with Harrington Discovery Institute at University Hospitals intended to advance the development of research discoveries into new cures and treatments for a broad range of diseases.

"We are excited to join forces with Harrington Discovery Institute," said Mandell Crawley, Head of Morgan Stanley Private Wealth Management. "There are far too many families around the world that are impacted by a disease that has no cure or meaningful treatment, including many of the most common diseases affecting our society. The Morgan Stanley GIFT CuresSM program was formed to address unmet medical need by helping to create new medicines."

Since established in 2012, Harrington Discovery Institute has become the center of a rapidly growing global initiative to advance the most promising new therapies through the drug development pipeline.



NEW AFFILIATION WITH TECHNION – ISRAEL INSTITUTE OF TECHNOLOGY

Extending its mission to educate and train the next generation of physicians, UH has created a strategic affiliation with the Technion -Israel Institute of Technology, the oldest university in Israel and one of the most highly ranked universities in science and technology in the world.

The affiliation will provide fourthyear medical students at the Technion unique training experiences at UH, engagements that could expand to residencies and fellowships

in the future. It will also provide faculty members at both institutions opportunities for collaborative engagements in research and education.

"UH is committed to becoming a next-generation health system," said Daniel I. Simon, MD, President, UH Medical Centers. "This new engagement, the recent announcement of an affiliation with the University of Oxford and others to follow are major steps in achieving this goal."

SS Engaging in strategic affiliations across the nation and globe is key to advancing the UH vision."

– Daniel I. Simon, MD

UH RAINBOW BABIES & CHILDREN'S AND METROHEALTH JOIN FORCES

UH Rainbow Babies & Children's

and the MetroHealth System are



at the MetroHealth main campus in the following disciplines: pediatric radiology, nephrology, cardiology, physical medicine and rehabilitation, urology, general surgery and gastroenterology. These services complement MetroHealth's existing pediatric services and provide continuity of care for our region's youngest patients.

"Collaboration in health care ensures that the best resources are available for our patients," said Akram Boutros, MD, FACHE. president and CEO of MetroHealth. "Partnering with UH Rainbow Babies & Children's ensures the children we care for receive all that they need for optimal health outcomes."

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Global traveler and Cleveland philanthropist Roe Green experienced her first trip abroad when she was 19 years old, a life-changing visit to Asia with her parents that ignited a lasting desire to see the world.

"My father loved to travel, and he instilled that love in me," she shared. "It was such a gift. Since that first trip, I've been to 163 countries and learned a great deal about the world – including the health disparities that exist among nations. My hope is that people around the world will benefit from the extraordinary skill and care of UH physicians and, in turn, UH physicians will continue to learn from their colleagues abroad."

To that end, Roe has contributed \$14 million to University Hospitals, resulting in the Roe Green Center for Travel Medicine & Global Health.

"Roe is a committed partner in our efforts to enhance health care at home and around the world through a robust, bilateral exchange of information and expertise with our international colleagues," said UH Physician-in-Chief Robert A. Salata, MD, STERIS Chair of Excellence in Medicine and Master Clinician in Infectious Disease, UH Cleveland Medical Center. "Her giving is designed to advance our global

outreach and education initiatives, one of the central pillars of our program."

Expanding Worldwide Collaboration

UH physicians have a rich history of working with their international counterparts to study and develop therapies for diseases that threaten the world's population. Nowhere is this more evident than in the African nation of Uganda.

Nearly 30 years ago, UH established collaborations with Uganda's Makerere University and Mulago Hospital, as well as the nation's Joint Clinical Research Centre (JCRC), partnerships that endure today. "Initially, our focus was on HIV, tuberculosis and sexually transmitted diseases, but over time that has shifted significantly," said Dr. Salata. "Using the infrastructure we established decades ago to research and treat infectious diseases, we are now working to address heart disease, diabetes, hypertension and cancer - chronic diseases that compromise the health of millions every year."



To medicine and to the world. I feel privileged to help further UH's position as a destination for complex global health care and travel medicine.

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In 2012, a team of UH Harrington Heart & Vascular Institute physicians helped open Uganda's first cardiac catheterization laboratory in the capital city of Kampala. Two years later, Dr. Salata partnered with the UH Ear, Nose & Throat Institute to establish a surgical program for treating head and neck cancers at the Uganda Cancer Institute, an effort that has since expanded to provide patient care in the clinical setting and training for medical students and residents.

In an effort to learn more about the impact of these collaborative efforts, Roe has twice accompanied UH physicians on their trips to Uganda.



Roe Green and Robert A. Salata, MD, in Uganda

"As with every trip I've taken, I went to Uganda to learn," reflected Roe.
"I saw how much the people there need and the difference we can make by supporting physicians like Dr. Salata. He and his team have helped countless individuals in nations around the world."

Today, UH's global health footprint spans 23 countries across six continents. The health system has also established an internal global health council of 15 UH physicians to collaborate with an external advisory council of the nation's top global health experts, all in an effort to expand UH's impact on human health locally and around the world. "We're deeply committed to building our global health program," said Dr. Salata. "Roe's giving is key to this growth, allowing us to sustain and replicate the Ugandan model in more nations."

In addition to supporting the mutual exchange of ideas and research, Roe's support will help UH create new fellowship training programs; facilitate educational outreach through technology and curriculum development; and identify new opportunities for physicians around the world to exchange ideas and expertise. At home, her giving will continue to strengthen UH's nationally-recognized travel medicine and global health programs.



Amplifying the Power of Giving

Roe's gift benefitting global health builds on a series of commitments she's made to enhance travel medicine at UH. The program, originally established in 1972 as the first travelers' clinic in the United States, has expanded significantly through her support, and today, ranks among the top five recipients of infectious disease research funding from the National Institutes of Health.

The only physician-led travel center in the State of Ohio, the Roe Green Center for Travel Medicine & Global Health delivers a range of services such as counseling on requisite vaccinations, prescriptions and medications; disease prevention and education; and high-risk medical planning to ensure safe and healthy travel.

Of equal importance, the center evaluates and treats returning travelers. "Many individuals, particularly those visiting developing nations, experience a health issue while traveling or following their return home," said Keith B. Armitage, MD, Medical Director, UH Roe Green Center for Travel Medicine. "Our specialists are trained to identify the

cause and provide appropriate and timely treatment so that our patients return to full health."

"As the rate of international travel increases every year, the world gets smaller," explained Dr. Salata. "In addition to learning from one another, a key component of our work in global health is to minimize and eradicate the inherent risks associated with travel. Roe's philanthropy is allowing us to work with physicians around the globe to collectively identify, treat and cure disease and make travel safer for individuals in the U.S. and overseas."

OUICK TIPS FOR OVERSEAS TRAVEL

- **Know the risks**. Do your research and make note of the country's climate, altitude, contagious diseases and any travel advisories.
- Protect yourself from disease.
 A UH travel medicine specialist can advise you on required vaccines for your trip. Be sure to plan ahead some vaccinations require multiple doses.
- Carry a traveler's medical kit.
 Include items such as bandages and anti-bacterial ointment and overthe-counter medications like pain relievers, anti-diarrheal, antacids and rehydration salts.
- Guard against the sun and insects.
 Pack sunscreen, insect repellents and/or bug netting. Wear light-weight, long sleeved shirts and pants to protect from sunburn and mosquito-borne illnesses.
- **Stay hydrated**. Be prepared to purify your drinking water if bottled or boiled beverages are not available. Remember, ice cubes are also a source for contamination.
- Mind what you eat. Avoid raw or uncooked foods, unpasteurized dairy products and street vendor food. Choose fruits with thick skins that you can peel yourself.

The Roe Green Center for Travel Medicine & Global Health is conveniently located at UH Cleveland Medical Center and UH Minoff and Westlake health centers.

To schedule an appointment, call 216-868-8585.

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MISSION: TO TEACH

THE CALL 'TO TEACH' IS STRONG AMONG UH PHYSICIANS AND OFTEN ENDURES AFTER THEIR CLINICAL SERVICE ENDS. A NUMBER ARE ESTABLISHING ENDOWED LECTURES TO ENSURE THE UH TEACHING MISSION THRIVES FOR GENERATIONS.

The Aeder Lectureship in Transplantation

"To the dedicated physician, the profession of medicine is a passion and never a job," said Mark Aeder, MD, Director for Surgical Quality, UH Cleveland Medical Center. "It's a commitment to lifelong learning and comes with a responsibility to pass on the wisdom you gain. You never really retire, you just move to another phase of your career."

"If this lecture can spark even one person or one great idea, it will be an enormous success."

- Mark Aeder, MD



Nancy and Mark Aeder, MD

After stepping away from transplant surgery ten years ago, Dr. Aeder incorporated teaching and mentoring into his UH position and, today, uses his more than 30 years of patient safety and quality experience to help guide UH surgical staff. "I believe that medicine, more than any other profession, has to be taught," he said. "It's dynamic and constantly evolving and, to maintain excellence, you need to exchange knowledge and ideas with other people."

For that reason, Dr. Aeder and his wife, Nancy, established the Mark Aeder, MS, MD, FACS Lecture in Transplantation to ensure UH physicians, residents and medical staff are annually exposed to new ideas in transplantation.

"Interaction with different teachers, lecturers and colleagues can have a dramatic effect on the course of a physician's career," noted Dr. Aeder, who was studying orthopedic surgery until he met transplant surgeon Toni Hau, MD, during his residency. "Dr. Hau helped start the transplant program at UH and he encouraged me to explore a different path. He shaped my entire career."

A career that, Dr. Aeder says, was only possible because of his wife. "We have always been a team and recognize each other's contributions to our family and professional life," he shared. "Nancy's strength and partnership have made everything possible. Creating this lectureship was her idea."

"Education has always been our top priority and the field of transplant and transplant surgery has a special place in Mark's heart," said Nancy. "An endowed lecture is a natural fit." "That interaction is so critical," added Dr. Aeder, who was studying orthopedic surgery until he met transplant surgeon Toni Hau, MD, during his residency. "Dr. Hau helped build the transplant program at UH and he encouraged me to explore a different path. He shaped my entire career. If this lecture can spark one person or one great idea, it will be worth it."

The Chandar Lectureship in Neurology

Born in a village in India, neurologist Krishan Chandar, MD, knew he wanted to be a doctor by the time he was 12 years old. "Education was not easy to come by in my village, but my father was very supportive," shared Dr. Chandar. "He didn't finish school himself, but he was bright. He started a business and set aside money so that I could follow my dream."

When Dr. Chandar came to Cleveland to complete his residency in 1974, he had every intention of returning to India when his training was through. But then he met Joseph M. Foley, MD, Chair, UH Department of Neurology. "Dr. Foley was a real gem – a brilliant neurologist, a great orator and the nicest man," recalled Dr. Chandar. "After just four weeks here, he invited me to join the faculty and I was taken aback. I had never considered staying here."

Though the offer was unexpected, Dr. Chandar's wife, Sneh, said the decision was clear. "We knew it was an opportunity of a lifetime for Krishan's career," she said. "We also liked what Cleveland meant for our family, so we stayed and have lived in the same little house in Solon ever since."

Over the years, Dr. Chandar's role and responsibilities evolved but his passion for education remained constant. Now 85 years old, he continues to serve UH's academic mission, designing curriculum for medical students and innovating new teaching methods for physicians.

"I loved my patients, but the nearly 20 years since I transitioned from clinical practice to education have been the most rewarding of my life," he confessed. "When I reflect on my career, I am most proud of my time teaching."

To support UH's enduring teaching mission, the Chandars established the Dr. and Mrs. Krishan Chandar Lectureship in Neurology in 2018. "The UH Department of Neurology is one of the most unique in the country because of its focus on teaching and commitment to providing dedicated time for learning," said Dr. Chandar. "We hope this lecture continues that legacy of learning."

"I have a
deep emotional
attachment to UH.
I cannot fully
describe all that
this hospital has
given me."

– Krishan Chandar, MD



Sneh and Krishan Chandar, MD

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For the Love of the Game

In 2016, Michael Drusinsky tore his rotator cuff – again. Two years earlier, he tore three of four tendons in his shoulder cuff while working out in a gym in Florida, requiring immediate surgery. Following a lengthy recovery, he returned to his athletic way of life, only to re-tear the injury while golfing. This time, Michael's surgeon in Florida told him a repair was not an option. He would need a full reverse shoulder replacement.

For Michael, an active and competitive swimmer, squash player, runner and golfer, this news was incredibly concerning. "Sports have always been a big part of my life," he said, crediting decades of competitive squash, in particular, for teaching him discipline and the importance of hard work. "This made me who I am. I don't know what I would do if I had to give up my active lifestyle."

However, while talking to friend and University
Hospitals CEO Tom Zenty, Michael learned there
might be another option. "Tom told me, 'Michael,
you need to come home to Cleveland. You need
to see Dr. James Voos.'"

James E. Voos, MD, Chair, UH Department of Orthopaedic Surgery; Jack & Mary Herrick Distinguished Chair, Orthopaedics and Sports Medicine; and Head Team Physician for the Cleveland Browns is a nationally renowned expert in the care of athletes and active patients of all ages. After meeting with Michael and his wife, Grace, Dr. Voos and fellow orthopedic surgeon Robert J. Gillespie, MD, Chief, Division of Shoulder & Elbow Surgery, UH Cleveland Medical Center, suggested an alternative course of action.

"Replacement surgery would have limited Michael's ability in certain sports and, given his athleticism, we viewed it as a last resort," said Dr. Gillespie. "Fortunately, due to recent innovations, there were a number of different repair options available. Our solution was to treat the torn and damaged tissue using a minimally invasive arthroscopic technique."

When Michael decided to have the repair procedure at UH, he contacted the surgeon in Florida. "He did not believe a second repair was feasible, but he knew Drs. Voos and Gillespie and said that I was in great hands," said Michael. "He recommended I have the surgery at UH and, three years later, I am very grateful that I did. My golf game has not improved, but my shoulder feels great!"

Within months, Michael was practicing his putting and, after a two-year rehabilitation, was back in the full swing of it. "It's funny, because we didn't start golfing until after we were married in 1999," shared Grace. "We were so bad, our instructor suggested we consider another hobby! But you would never know that today based on Michael's golf game. Just like you wouldn't guess he took years off to recover from surgery. He bounced right back."

Grace and Michael Drusinsky

"Your body tells you what you can and can't do, but sometimes you push it to the limit. That's what I did and, thankfully, Drs. Voos and Gillespie put me back together and got me back on the course." - Michael Drusinsky



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To show their appreciation, the couple established the Michael and Grace Drusinsky Chair in Orthopaedic Surgery and Sports Medicine in 2017, of which Dr. Gillespie is the inaugural holder.

This year, after hearing Dr. Voos' revolutionary plans for the future of UH Sports Medicine Institute, Michael and Grace were inspired to make a transformational, eight-figure gift. Their generosity will give rise to the world-class Drusinsky Family Sports Medicine Complex.

"Dr. Voos has an innovative vision for the future of orthopedic and sports medicine care," agreed the Drusinskys. "It's an opportunity for us to be part of something incredibly unique that will benefit our community and beyond."

A New Game Plan for Sports Medicine Care

Part of the UH Ahuja Medical Center Phase 2 project, the Drusinsky Family Sports Medicine Complex will be the most comprehensive, patient-centered facility of its kind in the United States. The 20,000 squarefoot, multi-story complex will feature:

- Clinical care and treatment for athletes of all ages;
- An unparalleled Sports Performance Center for rehabilitation and physical therapy, complete with a variety of turfs and playing surfaces;
- Injury prevention, training and performance assessments;
- Outpatient radiology and diagnostics;
- Dedicated surgical suites; and,
- A walk-in orthopedic urgent care.

The facility, explained Dr. Voos, will be a destination for advanced sports medicine care, consolidating a variety of services, such as sports cardiology, concussion and neurological care, sports nutrition, holistic pain management care from UH Connor Integrative Health Network and more into a convenient, premier facility.

"The goal is to care for healthy athletes and provide the education and services necessary to keep them at the top of their game," said Dr. Voos. "But injuries happen, whether you're in the big leagues or the backyard. The Drusinsky Family Sports Medicine Complex will be a one-stop shop to help patients through their journey, with all the space, tools and inspiration they need to get back to an active lifestyle."

Michael and Grace said the plan immediately resonated with them. "One of the most impressive parts of the design, for me, is the rehabilitation area," noted Grace. "It's designed more like a gym than a medical facility because, while these patients may be injured, they aren't sick. That's an important distinction to make, especially for younger patients."

"To have everything under one roof is going to make a huge difference to patient recovery," said Michael. "This facility will be a tremendous asset for Cleveland and advance UH's leadership in the field of sports medicine."

Backing the Home Team

The Drusinskys' commitment to Cleveland is deeply personal. "I grew up here, attended college here and then worked here," said Grace, whose family emigrated from Italy when she three years old. "I wasn't born here, but it has always been home."

A South African native, Michael also immigrated to Cleveland, following his sister, Roslyn, and her husband, internationally recognized neonatologist Avroy A. Fanaroff, MD, to the United States in 1976. "Av accepted a position at UH Rainbow Babies & Children's Hospital and it was really because of him that I got involved at UH," he said.



From left: James E. Voos, MD, with Grace and Michael Drusinsky

In honor of Dr. Fanaroff, who directed the neonatal division at UH Rainbow for more than two decades and served as the UH Chair of Pediatrics, and the life-saving efforts of his team, Michael and Grace established the Drusinsky-Fanaroff Chair in Neonatology in 2006. The position continues to be held by inaugural appointee and leading neonatologist Richard J. Martin, MD.

"This city and community have been very good to us and our families," said Grace. "Our motivation for giving is about the people that will benefit from our contributions."

"As an immigrant, people ask why I came to Cleveland," Michael concluded. "Yes, I wanted to be near family, but more than that, it's a tremendous and welcoming community. I always knew in the back of my mind that we would find a way to express our gratitude."

Kids start sports at a young age and, at the same time,

people are remaining active and living longer. One of the great things about this facility is it will benefit everyone, from children to retirees

and everyone in between.



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Advances



Philip A. Linden, MD

ARTIFICIAL INTELLIGENCE HELPS MORE ACCURATELY DISTINGUISH LUNG CANCERS

A team from UH Cleveland Medical Center and Case Western Reserve University has shown that it's possible to distinguish pre-invasive from invasive lung cancer during a screening exam – with an accuracy of more than 95 percent – through the use of an artificial intelligence tool.

"Annual CT screening exams are recommended for current and ex-heavy smokers, but we often find nodules that may not be cancer. This method will provide clinicians with a non-invasive way to interpret those scans," said Philip A. Linden, MD, Division Chief, Thoracic and Esophageal Surgery, UH Cleveland Medical Center and David P. Miller and Frances A. Cosentino Master Clinician in Thoracic & Esophageal Surgery.

Dr. Linden presented the findings at a recent meeting of the American Association of Thoracic Surgery and at The International Thoracic Surgery Summit in New York on behalf of his fellow team members, Robert "Chip" Gilkeson, MD, Division Chief, Cardiothoracic Imaging, UH Cleveland Medical Center; and biomedical engineer Anant Madabhushi, PhD, Case Western Reserve University.

This work is a follow-up to the team's previously published study that used the same technology to distinguish localized lung infections from lung cancers, also with great accuracy.

EXPERIMENTAL MEDICATION MAY TREAT PEDIATRIC INFECTIONS

A research team at UH Rainbow Babies & Children's Hospital is evaluating the safety and tolerability of an experimental antibiotic used to treat children and teens with suspected or confirmed bacterial infections.

The intravenously-administered medication, called eravacycline, is FDA approved to treat adults but has never been tested in the pediatric population. There is an unmet clinical need for new antibiotics to treat bacterial illnesses in children, especially complicated intra-abdominal infections.

UH is one of 30 sites in the United States and Europe participating in the multi-center study. Leading the study at UH is Grace A. McComsey, MD, Associate Chief Scientific Officer; Director, UH Clinical Research Center; and Rainbow Babies & Children's Foundation John Kennell Chair of Excellence in Pediatrics.

Under Dr. McComsey's direction, the UH Clinical Research Center provides support for approximately 2,100 clinical research studies and 600 clinical trials in a variety of adult and pediatric specialties. Currently, more than 70 clinical trials are focused on pediatric diseases, such as childhood cancers and gastrointestinal diseases.



Grace A. McComsey, MD

UH is committed to offering leading-edge care and playing an active role in trailblazing new, innovative treatments for endometriosis."

- Angelina K. Gangestad, MD



CENTER FOR ADVANCED HEART AND VASCULAR CARE DEFINES THE FUTURE OF PATIENT CARE

UH Harrington Heart & Vascular Institute is uniting extraordinary medical expertise, the latest technology and an innovative design to advance the way cardiovascular care is delivered at UH Cleveland Medical Center and around the world.

Opening this month, the new Center for Advanced Heart & Vascular Care is one of the first in the world to co-locate a robotically operated cardiac catheterization lab and operating room equipped with the latest MRI and CT scanners. The innovative care delivery system creates an intersection where medical and surgical specialists convene to assure patients have the most advanced, efficient and cost-effective cardiovascular care available.

According to Marco Costa, MD, PhD, MBA, President, UH Harrington Heart & Vascular Institute and Angela and James Hambrick Master Clinician in Innovation, this new center epitomizes the health system's commitment to transform and define the future of medicine. "We want our patients to have access to the most advanced care in a frictionless manner. This new medical hub allows us to offer a level of personalized, comprehensive care not possible elsewhere."

NEW DRUG STUDY AIMS TO REDUCE ENDOMETRIOSIS PAIN

Women suffering from endometriosis may benefit from a national clinical trial testing the effects of an experimental drug, MT-2990, on moderate-to-severe endometriosis-related pain. UH is one of 38 sites in the United States participating in the Phase 2 study.

Endometriosis is a chronic, often painful, disorder in which endometrial tissue forms lesions outside the uterus. It affects approximately 10 percent of women in the reproductive-age group, with significant impact on quality of life. Predominant treatment strategies include injections and surgical intervention.

For UH site lead Angelina K. Gangestad, MD, Director, Division of General Obstetrics and Gynecology, UH Cleveland Medical Center, the treatment of endometriosis-related pain is a significant unmet need. She expects information gained from this study, however, will help lead to a better standard of care.

"This is just one of several studies aimed at moving toward safe and effective oral treatment options," she said. "I expect we will see a significant shift in the way we treat endometriosis in the future."

The UH Endometriosis-Pelvic Pain Center of Excellence is a resource for diagnosis, treatment, education and research. To schedule an appointment, call 216-250-9737.

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From left: A. Roger Tsai, MD; Anjan Gupta, MD; Lynn Heisler; John R. Gusz, MD

A Legacy of Community-Based Care

For more than 100 years, residents of Portage County and surrounding communities have trusted University Hospitals Portage Medical Center, formerly Robinson Memorial Hospital, with their health. For a large portion of that time, the Tsai family has helped provide the compassionate, community-based care for which the hospital is known.

UH Harrington Heart & Vascular Institute interventional cardiologist and Ravenna native A. Roger Tsai, MD, has devoted his career to caring for the patients of UH Portage Medical Center. His service extends a family legacy that began with his father, Albert L. Tsai, MD, who was a beloved primary care physician in Ravenna for 35 years.

"My father was deeply respected in our community," said Dr. Tsai. "To work at UH Portage Medical Center, the same hospital where he cared for patients, is incredibly meaningful to me."



A. Roger Tsai, MD (right) and colleague, Philip Keyser, MD

The commitment of the Tsai family to the local community recently inspired the creation of a new endowed position, the first to be established at a UH community hospital: the Heisler Family – A. Roger Tsai, MD, Master Clinician in Cardiology at UH Portage Medical Center.

A Gift Made in Gratitude

A lasting tribute to the remarkable career and contributions of Dr. Tsai, the Heisler-Tsai Master Clinician in Cardiology was made possible through the generosity of multiple donors, including lead support from the Heisler family and the Portage Medical Center Foundation. The position will provide vital funding to advance the hospital's cardiovascular initiatives under the direction of inaugural appointee Anjan Gupta, MD, Medical Director of Interventional Cardiology, UH Harrington Heart & Vascular Institute at UH Portage Medical Center.

"My late husband, Yank, and I were raised in Ravenna," shared Lynn Heisler. "Roger Tsai has been a longtime family friend and a trusted physician in our hometown for many years. For our family to help establish this position in his honor was particularly meaningful to us. Yank would be so proud that we made this gift."

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For Lynn, the family's support of cardiovascular care at UH is also a show of appreciation. Both of Lynn's parents were treated for cardiovascular disease at UH, as was Yank several years before he passed away in April 2017.

When the respected executive and former chairman of KeyBank developed a serious blockage in his heart in 2007, UH physicians successfully stented the blockage, preventing a heart attack and saving Yank's life. In gratitude for the care he received, Yank chaired the UH Harrington Heart & Vascular Institute Leadership Council for a number of years, helping to guide and expand fundraising for the institute. As part of his volunteer leadership role, Yank worked closely with the Portage Medical Center Foundation to identify strategic funding opportunities for his hometown hospital.

"We're privileged to join the Heisler family in establishing this position, which recognizes Yank and his family for their ongoing support, and honors Dr. Tsai for the extraordinary mark he has made at UH Portage Medical Center," said John R. Gusz, MD, a general surgeon in Ravenna affiliated with UH Portage Medical Center, and immediate past president of the Portage Medical Center Foundation. "Dr. Tsai led the cardiology program from its inception, and he and his team have continued to expand services over time. The master clinician will allow Dr. Gupta, who has already distinguished himself as a talented clinical leader, to build on this momentum."

A Program Decades in the Making

Recruited in 1983 as the hospital's first board certified cardiologist, Dr. Tsai created and quickly grew the cardiovascular program. Under his leadership, the hospital established its first echocardiogram lab, a nuclear cardiology program, a pacemaker clinic and its first diagnostic cardiovascular catheterization lab.

"Those were very busy years," reflected Dr. Tsai. "Nearly 40 years later, our progress has not slowed. Our heart catheterization lab is now one of the busiest in the health system. Dr. Gupta's appointment in 2016 as medical director of our interventional cardiology program has been critical to allowing us to meet this demand and better serve the cardiovascular needs of our community."

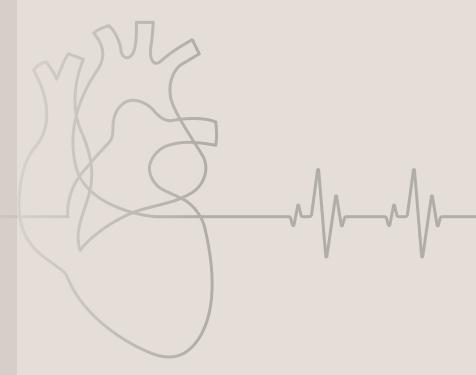
"One of the primary reasons I came to
UH Portage Medical Center was to serve
patients alongside Dr. Tsai," shared Dr. Gupta.
"He's an exceptional and highly-regarded
physician, leader and mentor. He has a clear
vision for expanding interventional cardiology,
a vision we now share and are working
together to execute."

Funds from the Heisler-Tsai Master Clinician in Cardiology will enable enhancements to the interventional cardiology program and facilitate the hospital's participation in research efforts, including clinical trials aimed at identifying new therapies for treating cardiovascular disease.

"We're gratified to recognize the Tsai family's rich history of caring for our community while investing in the future of cardiovascular care at UH Portage Medical Center," said Lynn.

"Dr. Gupta and his team will continue to bring hope to families like ours whose lives have been touched by heart disease."

"We hope this gift helps
Dr. Gupta and the staff of
UH Harrington Heart &
Vascular Institute to
continue providing the
very best heart care to
the families of Portage
County and surrounding
communities."—Lynn Heisler



Increasing Capacity for Cardiac Emergencies

UH Portage Medical Center's Cardiac Catheterization Lab opened in November 2016 with the goal of completing 37 lifesaving cardiac-related procedures in its first year – instead, the medical team performed more than 200 within the first six months. Since then, the volume has continued to rise.

"We expect to see 1,850 cases in 2019," said Dr. Gupta, explaining that the hospital's designation as a Level III trauma center and the addition of new cardiologists is making UH Portage Medical Center the top choice for patients with cardiovascular emergencies. "This trend illustrates an immediate need to increase our capacity so that we can accommodate the patients of Ravenna and surrounding communities."

A key element of the vision Drs. Tsai and Gupta are working to fulfill at UH Portage Medical Center is the creation of a second cardiovascular catheterization lab.

To make a gift or learn more about current fundraising priorities at UH Portage Medical Center, call 330-297-8801 or visit UHGiving.org.

DIAMOND



We each make a difference in our own way, and it is vital that people visualize the impact they can have through charitable giving." - Bob and Sylvia Reitman



Sowing Seeds of Philanthropy

When asked what inspires their charitable nature, Robert and Sylvia Reitman both readily credit their upbringing. "We learned about social responsibility by watching our parents," recalled Bob. "They planted the original seeds that continue to influence our decisions today. Just as our parents taught us, our adult children participate in our giving decisions, and we are now exposing our grandchildren to the process."

That generous spirit, coupled with Bob's lifelong interest in the health sciences – he was a pre-med student before turning his attention to the study of law – led the Reitmans to devote considerable time, expertise and financial support over the years to a variety of medical causes, including UH.

A longtime member of the UH Board of Trustees, Bob serves on the leadership councils for UH Seidman Cancer Center and UH Harrington Heart & Vascular Institute. He is also a former member of the UH Development Committee and both the UH and UH Cleveland Medical Center boards of directors.

Members of UH's Samuel Mather and Diamond Legacy societies, Bob and Sylvia have supported the health system for 25 years and, in that time, have utilized a variety of giving options to accomplish their philanthropic goals. "People mistakenly think that big amounts have to be given all at once, and that is simply untrue," agreed the couple.

"There are so many ways to donate and to make a positive impact," added Sylvia. "I think people often underestimate their ability to give." In addition to recommending gifts to UH through their donor advised fund – The Robert S. & Sylvia K. Reitman Family Foundation, a supporting foundation of the Jewish Federation of Cleveland – and including UH in their estate plans, the couple has also used annual IRA Charitable Rollover gifts to support the hospital. Through a joint gift to UH and Case Western Reserve University, the Reitmans created the Robert S. & Sylvia K. Reitman Family Foundation Distinguished Chair in Cardiovascular Innovation in 2009, currently held by internationally renowned physician scientist Jonathan S. Stamler, MD, President, UH Harrington Discovery Institute.

"There is a world of need," said Bob. "Giving is about so much more than just the financial aspect. Contributions to charity should be based on your values as much as your checkbook.

"A passage in the Talmud says, 'Whoever saves one life saves the world,' and for us that is very true," he added. "We need enough to take care of ourselves, but there is a joy to knowing you have made a real, positive impact in someone else's life."

Charitable Giving:

A Timeless Tradition

The coming months will be marked by family, faith and philanthropic traditions often passed from one generation to the next. Charitable giving can be a powerful way for families to pass along shared beliefs and values and is often an important part of your own personal legacy.

Thoughtful planning at year-end makes it possible for you to choose a gift option that greatly impacts University Hospitals while helping you and your family meet philanthropic and financial goals. Now may be a good time to consult your tax and legal advisors about the benefits of charitable giving for 2019.

Write a Check. Cash is probably the easiest way to make a gift and may already be part of your annual giving tradition. Your gift qualifies for a charitable deduction (up to 60 percent of your adjusted gross income in the year of the gift), with five carryover years for unused deductions.

Tip: Double your impact!
Ask your employer
about their matching
gift program.

Tip: You can also donate appreciated stock to fund a gift that pays you income for life, see next page.

Gift Marketable Securities. Donating appreciated stock, bonds or mutual funds held more than one year may provide two helpful tax benefits. First, the gift qualifies for a charitable deduction for the current full market value. Second, you avoid capital gains tax on the appreciation.

Recommend a Donor Advised Fund Grant. If you participate in a donor advised fund, we encourage you to consider a gift recommendation to UH. You can make grants at any time during the year; however, keep in mind that your sponsoring organization may have requirements for grant amounts and frequency.

Tip: You can name UH as successor beneficiary of your donor advised fund.

Tip: Consider using the IRA charitable rollover to make your annual gifts, create an endowment or satisfy multi-year pledges.

Make an IRA Charitable Rollover. If you are 70½ or older and take required minimum distributions from your IRA, you pay income tax on those distributions. A charitable alternative may be to ask your IRA custodian to make a direct transfer from your IRA to UH. This tax-free gift is available up to \$100,000 each year.

Charitable Gift Annuity: The Gift of a Lifetime

The charitable gift annuity is a popular giving option that combines annuity payments with favorable tax benefits, while providing you the opportunity to make a meaningful impact at UH. In exchange for a gift (usually cash or appreciated securities), UH agrees to pay a fixed income to you for life, a portion of which is tax-free. With one gift, you can support UH and provide retirement income for yourself and/or another person, such as your spouse, a parent or relative. If you defer the payment starting date, you can qualify for a higher payout rate.

When you fund a charitable gift annuity with appreciated securities, the capital gains tax is based on only part of the appreciation and you can spread out the capital gains over your life expectancy.

Tip: The payout rate on a charitable gift annuity is usually much higher than other income-producing assets such as CDs and money market accounts.

Sample Gift Annuity Rates					
Age	70	75	80	85	90+
Rate	5.6%	6.2%	7.3%	8.3%	9.5%

Make the Most of Your Charitable Deductions

The standard deduction increased significantly under the tax law passed in December, 2017. Bunching your charitable contributions is a tax strategy where you alternate between taking the standard deduction one year and itemizing the next year. This strategy may be beneficial if you can plan the timing of your contributions and itemized expenses to exceed the standard deduction in a given year.

Let Us Help With Your Giving Traditions

When you have strong giving traditions, you set a valuable example for family and community. The UH Gift Planning Team is happy to work with you and your advisors to help make the most of charitable planning, including year-end giving. Together, we can identify gift options that meet your goals, shape your legacy and provide enduring support for UH.

To learn more, call the UH Gift Planning Team at 216-983-2200 or visit UHGiving.org/GiftPlanning.

This information is provided for illustration purposes and is not intended as legal or tax advice. Please consult your own professional advisors.



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Philanthropic Spirit



From left: Corey and Amanda Kluber with Patricia M. DePompei, RN, MSN

KLUBER'S KORNER DEBUTS AT UH RAINBOW BABIES & CHILDREN'S HOSPITAL

In June, Cleveland Indians pitcher Corey Kluber and his wife, Amanda, joined a gathering of patients, families and staff at UH Rainbow Babies & Children's Hospital to unveil the first Kluber's Korner – a mobile entertainment and education hub for patients during extended hospitalizations.

"As much time as you spend here, we hope this brings some happiness and distraction into your day," said Corey, speaking directly to the patients and families in the room. "This stuff is here so you can enjoy it, so use it as much as you possibly can!"

Outfitted with laptops, video games, portable DVD players and more, Kluber's Korners serve as a source of entertainment, a portal for communicating with friends and family, and a tool to help patients keep up with schoolwork. The lockers are made possible by The Kluber Family Foundation, a charity founded by Corey and Amanda to impact the lives of families with seriously and chronically ill children through life-improving resources and life-changing experiences.

"The Kluber Family Foundation is a great organization," said Cleveland Indians reporter Andre Knott, who emceed the opening event. "What they're doing is a fabulous way to help all the kids at this hospital. For me to see how this has grown and see Kluber's Korner come to fruition is a really special moment."

To ensure Kluber's Korner continues to impact patients at an optimal level, the foundation will deliver annual restocks, providing upgraded games and devices.

UH RAINBOW IS ONE OF THE FIRST HOSPITALS WE STARTED VISITING. IT'S A GREAT SPOT TO LAUNCH THE FIRST KLUBER'S KORNER AND AN OPPORTUNITY TO PROVIDE PATIENTS WITH THESE RESOURCES."

- Corey and Amanda Kluber

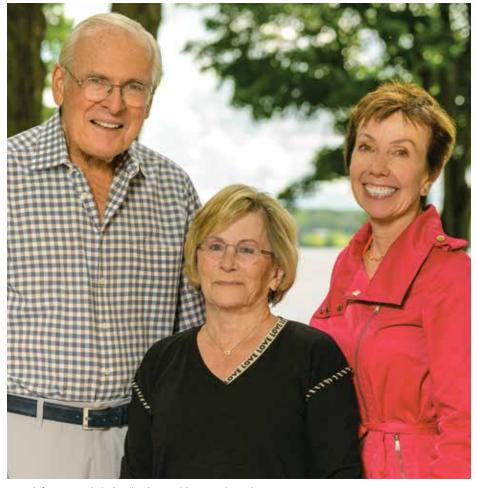
"We are delighted to welcome Corey and Amanda and The Kluber Family Foundation into the Rainbow family," said Patricia M. DePompei, RN, MSN, President, UH Rainbow Babies & Children's and UH MacDonald Women's hospitals. "It's an honor to be the first recipients of their generosity. I have no doubt that Kluber's Korner will bring countless hours of joy to patients and families for years to come."

PROMOTING THE POWER OF INTEGRATIVE HEALTH

As members of the Connor Integrative Health Network Leadership Council, Linda and Dan Silverberg have witnessed the success and growth of the program since its launch in 2011. Their volunteer leadership and philanthropy have given rise to both the 'Heal the Healer' Symposium for integrative health providers and an innovation fund to support the work of program director Francoise Adan, MD, Christopher M. and Sara H. Connor Endowed Chair in Integrative Health. Instrumental in shaping the program into what it is today, the couple is now furthering their support in a unique way – by investing \$100,000 in a strategic marketing effort to better promote the program and its director.

"I learned the power of mind-body medicine when I suffered my first of four cancers in 1989," shared Linda. "Dr. Adan is an acclaimed leader in the field and has developed at UH one of the country's premier integrative health programs. She embodies the best in this miraculous healing field and is the reason so many people believe in UH's program. Dan and I are committed to enhancing her exposure and building awareness for the program locally, regionally and nationally."

The first of its kind at UH, the Silverbergs' gift is fully marketing-focused. It also triggered \$50,000 in matching support from Chris and Sara Connor, who issued a challenge grant in 2017 to inspire ongoing support



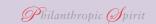
From left: Dan and Linda Silverberg with Francoise Adan, MD

"We want more people to experience the transformative effects of integrative health and, like us, become ambassadors for this incredible program." – Linda Silverberg

for the UH Connor Integrative Health Network. "Like the Connors, we have seen the power of integrative medicine firsthand," said Dan. "We refer our friends and family to Dr. Adan all the time, and our hope is that extra marketing dollars will spread the word even further."

"There are many ways you can change the world, and marketing is one of those ways," said Arthur E. Keegan, UH Chief Marketing Officer. "Linda and Dan are strategic and intentional with their philanthropy. They recognize they can do a lot of good by making sure people know about our integrative health program and the benefits it offers."

"Linda and Dan's endless faith in me is a gift in and of itself," said Dr. Adan. "Their contribution will have an immediate impact on our outreach efforts and on patients' lives."





Native Clevelander Patricia M.
DePompei, RN, MSN, is a nationally recognized champion of women's and children's health care, but as a girl she had different dreams.
"I always thought I would be a writer or an engineer," she shared.
"In eighth grade though, I volunteered as a candy striper and experienced the joy that comes from making a difference in someone's life.
That's when I realized health care was my calling."

Patti joined UH Rainbow Babies & Children's Hospital in 1989 as a nurse in the Pediatric Intensive Care Unit. "When I interviewed, I immediately sensed the deep and real commitment that runs throughout Rainbow," she recalled. "Everyone had the same goal – to provide great care to all children and families. I knew I was in the right place."

Over the 30 years since, Patti has held positions of increasing impact and responsibility, including being named president of UH Rainbow Babies & Children's and UH MacDonald Women's hospitals in 2012.



From left: Terri Kennedy and Patricia M. DePompei, RN, MSN

Today, her passion for excellence in patient care is as strong as ever and it is in honor of this enduring commitment that Rainbow Babies & Children's Foundation made a recent gift – \$1.5 million to establish the Rainbow Babies & Children's Foundation Chair in Leadership and Innovation, with Patti as the inaugural appointee.

"We are proud to endow this position in recognition of Patti's long and successful tenure and to welcome her as our newest Rainbow Scholar," said Terri A. Kennedy, President, Rainbow Babies & Children's Foundation. "Her vision to establish Rainbow as a leader and collaborator is transforming health care in our community. Supporting her efforts with a chair in leadership and innovation was a decision our board made enthusiastically and unanimously."

Holding a named endowed chair is the highest honor a UH clinical leader can receive but, for Patti, the position means much more. "I consider it an incredible privilege to lead our amazing Rainbow physicians, nurses and staff," she said. "We each have a unique role to play, but we are always united in our goal – to provide great care to all children and families."





Janet L. Miller, Esq.



Janet's keen legal acumen and commitment to UH will be missed; but her passion for the profession and efforts to advance women as leaders will live on.

– Thomas F. Zenty III
Chief Executive Officer, University Hospitals



HONORS BEFITTING A SPECIAL LEADER

In May, Janet L. Miller, Esq. retired as Chief Legal Officer for University Hospitals after a four-decade career defined by service to her community and far-reaching impact. Her contributions to UH, however, live on through two new endowed funds established in her honor – the Janet Miller Fund for Advancing Women as Leaders and the Janet Miller Endowed Fund for Excellence in Law and Audit.

"When word spread about Janet's plans to retire, UH received calls from across the community asking if there was a way to celebrate her and contribute to her legacy," shared Sandra Pianalto, former chair, UH Board of Directors. "Nearly 100 donors came forward to support areas of life-long passion for Janet."

Janet's devotion to leadership and promoting women's causes is well-known. She worked to establish the women's leadership roundtable at UH and, as co-chair of the Cleveland Go Red for Women campaign, raised a record \$1 million to fight heart disease. She also helped found In Counsel With Women, a network of more than 150 executive women who share a mission to develop personal and professional relationships.

The Fund for Advancing Women as Leaders will continue her work by supporting sponsors and advocates for women leaders at UH, as well as training, lectures and outreach.

Deeply committed to her work, during Janet's tenure the UH Law Department was named one of the 10 Most Innovative Law Departments in the nation by *Inside Counsel*, and the Internal Audit Department was recognized for its excellence in quality and professionalism by the Institute of Internal Auditors. The new Fund for Excellence in Law and Audit will further her efforts to build exceptional programs in legal, litigation and internal audit.

"These funds are such an honor and mean so much to me," said Janet. "One will address the goal of growing women as leaders at UH, and the other will directly benefit the department and team that I have long considered my family. I am humbled by everyone's generosity and their support of UH's legacy of leadership in the community."

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FIVE STAR SENSATION: THE REAL DEFINITION OF SUCCESS

Since its inception in 1987, Five Star Sensation has raised an unprecedented \$22 million to support cancer services and research at UH Seidman Cancer Center. One of the premier fundraisers in Greater Cleveland, the biennial event entails months of planning and the tireless work of hundreds of volunteers and donors to ensure a truly unique food and wine experience for the sellout crowd of nearly 2,000 attendees.

This year's festivities, presented by Huntington Bank on Saturday, June 15 on the eastern campus of Cuyahoga Community College, were once again hosted by renowned Chef Michael Symon and returning event co-chairs Kathy Coleman and Debbie Wert and corporate chair Sean Richardson, Greater Cleveland Region President, Huntington Bank. Proceeds from the evening topped \$1.5 million.

"Five Star Sensation is a remarkable event with a powerful impact," remarked honorary chair Theodoros N. Teknos, MD, President and Scientific Director, UH Seidman Cancer Center, and Jane and Lee Seidman Chair in Cancer Innovation. "These funds might make a lifesaving clinical trial possible for a father battling colon cancer; help advance a physician's pursuit of a promising new leukemia treatment; or provide thousands of Northeast Ohioans with vital cancer screenings. The funds raised at Five Star make an invaluable difference in people's lives."

"While the menu and decorations may have varied over the years, the purpose and shared good will of the event remain constant," agreed Kathy and Debbie. "Five Star's greatest achievement is in helping deliver best-in-class treatment to every patient who walks through the doors at UH Seidman Cancer Center."

reflections



Mukesh K. Jain, MD
Chief Academic Officer, University Hospitals
Chief Scientific Officer and Harrington Endowed
Scientific Director, Harrington Discovery Institute
Ellery Sedgwick, Jr. Chair and Distinguished Scientist
in Cardiovascular Research and Chief Research
Officer, UH Harrington Heart & Vascular Institute

Investing in Young Physicians Advances the UH Vision

The modern practice of medicine is both analytical and humane. It requires the physician to understand and navigate daily developments in medical research and, at the same time, to take hands-on steps to guide patients through the complexities of the health care system, ensuring that they can access the care they need.

In the residency and fellowship programs we offer at University Hospitals, we build these skills into everything we do. Many of our young physicians conduct their own medical research, whether in a laboratory, at the patient bedside or by evaluating large population data sets. When they engage in research, they move medicine forward, while also learning valuable lessons in how to critically judge the merit of other scientific work.

But our trainees learn more than research skills. Thanks to the efforts of Susan T. Nedorost, MD, Director of Graduate Medical Education, UH was the first in the U.S. to employ a training curriculum designed around health systems science – that is, how care is delivered. As a result, approximately 1,000 UH residents and fellows across 100 programs explore such of-the-moment topics as improving value in health care and using "big data" to improve wellness outcomes for populations.

As a mentor and teacher, I see the quality of our programs most clearly in the one-on-one moments between our seasoned physicians and trainees. Marked by probing, tough questions – questions that don't always have answers – these interactions inspire both physicians, encouraging further research and exploration, always with the goal of improving the standard of care.

Critically, our philanthropic community helps fuel their quest for knowledge. By creating research and innovation funds and establishing endowed positions, our donors and community members reinforce the importance of the UH teaching mission and provide the resources our physicians and trainees need to do their best work.

At UH, we know that the future of health care – and the future of our health system – will be defined by today's residents and fellows. It is our responsibility as an academic medical system to invest in them today so that they can continue to advance the legacy of quality and compassion for future generations of UH patients.

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